

April 2019 Prairie Seeds Academy K-12 Bagged Breakfast - Hot and Cold - Menu					
Week 1	Monday, April 1, 2019	Tuesday, April 2, 2019	Wednesday, April 3, 2019	Thursday, April 4, 2019	Friday, April 5, 2019
Three Components meet USDA Requirements (One component must be fruit)	Assorted Cereal Bar (1 comp) 100% Fruit Juice Box (1 comp) Must offer 2 Types 8 oz Milk (1 comp) Must Offer Second Fruit (1 comp) (Check Options)	Turkey Ham & Cheese Croissant (2 comp) 100% Fruit Juice Box (1 comp) Must offer 2 Types 8 oz Milk (1 comp) Must Offer Second Fruit (1 comp) (Check Options)	Low Sugar Trix Cereal (1 comp) Yogurt (1 comp) 100% Fruit Juice Box (1 comp) Must offer 2 Types 8 oz Milk (1 comp) Must Offer Second Fruit (1 comp) (Check Options)	Pillsbury Apple Frudel (2 comp) 100% Fruit Juice Box (1 comp) Must offer 2 Types 8 oz Milk (1 comp) Must Offer Second Fruit (1 comp) (Check Options)	Sausage, Egg & Cheese Croissant (2 comp) 100% Fruit Juice Box (1 comp) Must offer 2 Types 8 oz Milk (1 comp) Must Offer Second Fruit (1 comp) (Check Options)
	or Chef's Choice	or Chef's Choice	or Chef's Choice	or Chef's Choice	or Chef's Choice
Week 2	Monday, April 8, 2019	Tuesday, April 9, 2019	Wednesday, April 10, 2019	Thursday, April 11, 2019	Friday, April 12, 2019
Three Components meet USDA Requirements (One component must be fruit)	WG Single Blueberry Pop Tart (1 comp) 100% Fruit Juice Box (1 comp) Must offer 2 Types 8 oz Milk (1 comp) Must Offer Second Fruit (1 comp) (Check Options)	Warm Cinnamon Twist (2 comp) 100% Fruit Juice Box (1 comp) Must offer 2 Types 8 oz Milk (1 comp) Must Offer Second Fruit (1 comp) (Check Options)	Bakecrafters WG Honey Bun (2 comp) 100% Fruit Juice Box (1 comp) Must offer 2 Types 8 oz Milk (1 comp) Must Offer Second Fruit (1 comp) (Check Options)	Betty Crocker Dble Choc Oatmeal Bar (1 comp) Chz Stick (1 comp) 100% Fruit Juice Box (1 comp) Must offer 2 Types 8 oz Milk (1 comp) Must Offer Second Fruit (1 comp) (Check Options)	Pancakes & Strawberries Margarine & Syrup 100% Fruit Juice Box (1 comp) Must offer 2 Types 8 oz Milk (1 comp) Must Offer Second Fruit (1 comp) (Check Options)
	or Chef's Choice	or Chef's Choice	or Chef's Choice	or Chef's Choice	or Chef's Choice
Week 3	Monday, April 15, 2019	Tuesday, April 16, 2019	Wednesday, April 17, 2019	Thursday, April 18, 2019	Friday, April 19, 2019
Three Components meet USDA Requirements (One component must be fruit)	4oz Assorted Breakfast Bread (1 comp) 100% Fruit Juice Box (1 comp) Must offer 2 Types 8 oz Milk (1 comp) Must Offer Second Fruit (1 comp) (Check Options)	Chicken Biscuit Breakfast Sand (2 comp) Biscuit, Chicken Patty & Cheese Slice 100% Fruit Juice Box (1 comp) Must offer 2 Types 8 oz Milk (1 comp) Must Offer Second Fruit (1 comp) (Check Options)	Breakfast Pizza (2 comp) 100% Fruit Juice Box (1 comp) Must offer 2 Types 8 oz Milk (1 comp) Must Offer Second Fruit (1 comp) (Check Options)	Turkey & Cheese Breakfast Pocket (2 comp) 100% Fruit Juice Box (1 comp) Must offer 2 Types 8 oz Milk (1 comp) Must Offer Second Fruit (1 comp) (Check Options)	Turkey Sausage Pancake Wrap (2 comp) w/Syrup Must offer 2 Types 8 oz Milk (1 comp) Must Offer Second Fruit (1 comp) (Check Options)
	or Chef's Choice	or Chef's Choice	or Chef's Choice	or Chef's Choice	or Chef's Choice
Week 4	Monday, April 22, 2019	Tuesday, April 23, 2019	Wednesday, April 24, 2019	Thursday, April 25, 2019	Friday, April 26, 2019
Three Components meet USDA Requirements (One component must be fruit)	Pancakes & Syrup (3) (2 comp) 100% Fruit Juice Box (1 comp) Must offer 2 Types 8 oz Milk (1 comp) Must Offer Second Fruit (1 comp) (Check Options)	French Toast Sticks (4) & Syrup (2 Comp) 100% Fruit Juice Box (1 comp) Must offer 2 Types 8 oz Milk (1 comp) Must Offer Second Fruit (1 comp) (Check Options)	Breakfast Pizza (2 comp) 100% Fruit Juice Box (1 comp) Must offer 2 Types 8 oz Milk (1 comp) Must Offer Second Fruit (1 comp) (Check Options)	Sausage & Cheese Biscuit (2 comp) 100% Fruit Juice Box (1 comp) Must offer 2 Types 8 oz Milk (1 comp) Must Offer Second Fruit (1 comp) (Check Options)	Turkey Ham & Chz Croissant 100% Fruit Juice Box (1 comp) Must offer 2 Types 8 oz Milk (1 comp) Must Offer Second Fruit (1 comp) (Check Options)
	or Chef's Choice	or Chef's Choice	or Chef's Choice	or Chef's Choice	or Chef's Choice
Week 5	Monday, April 29, 2019	Tuesday, April 30, 2019	Wednesday, May 1, 2019	Thursday, May 2, 2019	Friday, May 3, 2019
Three Components meet USDA Requirements (One component must be fruit)	Double Cheese Omelet (2 comp) Peach Cobbler (2 comp) 100% Fruit Juice Box (1 comp) Must offer 2 Types 8 oz Milk (1 comp) Must Offer Second Fruit (1 comp) (Check Options)	Pancakes & Syrup (3) (2 comp) 100% Fruit Juice Box (1 comp) Must offer 2 Types 8 oz Milk (1 comp) Must Offer Second Fruit (1 comp) (Check Options)			
	or Chef's Choice	or Chef's Choice			