

**Fresh, Healthy, Good Food  
Every Day!**



this institution is an equal opportunity provider

September 2018 PSA Hot & Cold K-12 Breakfast Menu

Week 1	Monday, September 3, 2018	Tuesday, September 4, 2018	Wednesday, September 5, 2018	Thursday, September 6, 2018	Friday, September 7, 2018
<b>All Breakfast</b>	Cinnamon Tst Crunch Low Sugar (1 comp)	<b>Breakfast Pizza (2 comp)</b>	Multi Grain Cheerios Bowl (1 comp)	Pillsbury Apple Frudel (2 comp)	<b>Turkey Sausage Pancake Wrap</b>
<b>Bags, Except</b>	Order Chz Sticks (1 comp) / Have Scholar Add to B	<b>100% Fruit Juice Box (1 comp)</b>	* Order Chz Sticks (1 comp) / Have Scholar Add to Bag	100% Fruit Juice Box (1 comp)	<b>100% Fruit Juice Box (1 comp)</b>
<b>Yogurt &amp; Chz</b>	100% Fruit Juice Box (1 comp)		100% Fruit Juice Box (1 comp)		
<b>Meet USDA</b>	Must offer 2 Types 8 oz Milk (1 comp)	Must offer 2 Types 8 oz Milk (1 comp)	Must offer 2 Types 8 oz Milk (1 comp)	Must offer 2 Types 8 oz Milk (1 comp)	Must offer 2 Types 8 oz Milk (1 comp)
<b>Requirements</b>	Must Offer Second Fruit (1 comp) (Check Options)	Must Offer Second Fruit (1 comp) (Check Options)	Must Offer Second Fruit (1 comp) (Check Options)	Must Offer Second Fruit (1 comp) (Check Options)	Must Offer Second Fruit (1 comp) (Check Options)
	or Chef's Choice	or Chef's Choice	or Chef's Choice	or Chef's Choice	or Chef's Choice
Week 2	Monday, September 10, 2018	Tuesday, September 11, 2018	Wednesday, September 12, 2018	Thursday, September 13, 2018	Friday, September 14, 2018
<b>All Breakfast</b>	Kix Bowl Pak Cereal (1 comp)	<b>French Toast Sticks &amp; Syrup (2 comp)</b>	Bakecrafters WG Honey Bun (2 comp)	Pillsbury Mini Strawberry Pancakes (2 comp)	<b>Turkey Sausage &amp; Cheese Biscuit (2 comp)</b>
<b>Bags, Except</b>	Order Chz Sticks (1 comp) / Have Scholar Add to B	<b>100% Fruit Juice Box (1 comp)</b>	100% Fruit Juice Box (1 comp)	100% Fruit Juice Box (1 comp)	<b>100% Fruit Juice Box (1 comp)</b>
<b>Yogurt &amp; Chz</b>	100% Fruit Juice Box (1 comp)				
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Week 3	Monday, September 17, 2018	Tuesday, September 18, 2018	Wednesday, September 19, 2018	Thursday, September 20, 2018	Friday, September 21, 2018
<b>All Breakfast</b>	Apple Jack Cereal Bowl (1 comp)	<b>Pancakes &amp; Syrup (2 comp)</b>	Pillsbury Cherry Strudel Frudel (2 comp)	Pillsbury Chocolate Filled Cressent (2 comp)	<b>Bagel Sand w/Turkey Sausage (2 comp)</b>
<b>Bags, Except</b>	Order Chz Sticks (1 comp) / Have Scholar Add to B	<b>100% Fruit Juice Box (1 comp)</b>	100% Fruit Juice Box (1 comp)	100% Fruit Juice Box (1 comp)	<b>100% Fruit Juice Box (1 comp)</b>
<b>Yogurt &amp; Chz</b>	100% Fruit Juice Box (1 comp)				
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	or Chef's Choice	or Chef's Choice	or Chef's Choice	or Chef's Choice	or Chef's Choice
Week 4	Monday, September 24, 2018	Tuesday, September 25, 2018	Wednesday, September 26, 2018	Thursday, September 27, 2018	Friday, September 28, 2018
<b>All Breakfast</b>	WG Frosted Mini Wheats Cereal (1 comp)	<b>Turkey Breakfast Pizza (2 comp)</b>	WG Chocolate Chunk Brekkie (1 comp)	Maple Burstin Mini Pancakes (2 comp)	<b>Croissant Sand w/Egg &amp; Cheese (2 comp)</b>
<b>Bags, Except</b>	Order Chz Sticks (1 comp) / Have Scholar Add to B	<b>100% Fruit Juice Box (1 comp)</b>	* Order Chz Sticks (1 comp) / Have Scholar Add to Bag	100% Fruit Juice Box (1 comp)	<b>100% Fruit Juice Box (1 comp)</b>
<b>Yogurt &amp; Chz</b>	100% Fruit Juice Box (1 comp)		100% Fruit Juice Box (1 comp)		
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	or Chef's Choice	or Chef's Choice	or Chef's Choice	or Chef's Choice	or Chef's Choice
Week 5	Monday, October 1, 2018	Tuesday, October 2, 2018	Wednesday, October 3, 2018	Thursday, October 4, 2018	Friday, October 5, 2018
<b>All Breakfast</b>	Multigrain Cheerios (1 comp)	WG Single Strawberry Pop Tart (1 comp)	<b>Turkey Sausage Pancake Wrap (2 comp)</b>	WG Oatmeal Raisin Brekkie (1 comp)	<b>Sausage Biscuit &amp; Cheese Sand (2 comp)</b>
<b>Bags, Except</b>	Order Chz Sticks (1 comp) / Have Scholar Add to B	Order Choice Yogurt (1 comp)/ Have Scholar Add to Bag	* Order Chz Sticks (1 comp) / Have Scholar Add to Bag	Order Choice Yogurt (1 comp)/ Have Scholar Add to Bag	<b>100% Fruit Juice Box (1 comp)</b>
<b>Yogurt &amp; Chz</b>	100% Fruit Juice Box (1 comp)	100% Fruit Juice Box (1 comp)	100% Fruit Juice Box (1 comp)	100% Fruit Juice Box (1 comp)	
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Menu is subject to infrequent change

Questions? Call 651-453-1136 or visit our website at [www.ckcgoodfood.com](http://www.ckcgoodfood.com)

Skim & 1% Milk choices offered daily