

*Fresh, Healthy, Good Food
Every Day!*



this institution is an equal opportunity provider

April 2018 PSA K-12 Breakfast

Week 3	Monday, April 2, 2018	Tuesday, April 3, 2018	Wednesday, April 4, 2018	Thursday, April 5, 2018	Friday, April 6, 2018
	Assorted Cereal Bowl (1 comp) (Multiple options under 6 grams sugar) Choice 100% Real Fruit Juice (1 comp) Raisins or 1/2 Cup Fruit (1 comp) Choice Milk (1 comp)	Choice Breakfast Croissant (2 comp) Choice 100% Real Fruit Juice (1 comp) Raisins or 1/2 Cup Fruit (1 comp) Choice Milk (1 comp)	Large Breakfast Brekkie (3 oz 2 comp) Choice 100% Real Fruit Juice (1 comp) Raisins or 1/2 Cup Fruit (1 comp) Choice Milk (1 comp)	Gmills "Cleaner Label" Ceral Bar (1 comp) Cheese Stick (1 comp) Choice 100% Real Fruit Juice (1 comp) Raisins or 1/2 Cup Fruit (1 comp) Choice Milk (1 comp)	Pancake on a Stick (2 comp) Choice 100% Real Fruit Juice (1 comp) Raisins or 1/2 Cup Fruit (1 comp) Choice Milk (1 comp)
	or Chef's Choice Daily	or Chef's Choice Daily	or Chef's Choice Daily	or Chef's Choice Daily	or Chef's Choice Daily
Week 4	Monday, April 9, 2018	Tuesday, April 10, 2018	Wednesday, April 11, 2018	Thursday, April 12, 2018	Friday, April 13, 2018
	Assorted Cereal Bowl (1 comp) (Multiple options under 6 grams sugar) Choice 100% Real Fruit Juice (1 comp) Raisins or 1/2 Cup Fruit (1 comp) Choice Milk (1 comp)	Breakfast Pizza (2 comp) Choice 100% Real Fruit Juice (1 comp) Raisins or 1/2 Cup Fruit (1 comp) Choice Milk (1 comp)	Pancakes & Syrup (2 comp) Choice 100% Real Fruit Juice (1 comp) Raisins or 1/2 Cup Fruit (1 comp) Choice Milk (1 comp)	Choice GNB Muffin (1 comp) Cheese Stick (1 comp) Choice 100% Real Fruit Juice (1 comp) Raisins or 1/2 Cup Fruit (1 comp) Choice Milk (1 comp)	Breakfast Frudel (2 comp) Choice 100% Real Fruit Juice (1 comp) Raisins or 1/2 Cup Fruit (1 comp) Choice Milk (1 comp)
	or Chef's Choice Daily	or Chef's Choice Daily	or Chef's Choice Daily	or Chef's Choice Daily	or Chef's Choice Daily
Week 5	Monday, April 16, 2018	Tuesday, April 17, 2018	Wednesday, April 18, 2018	Thursday, April 19, 2018	Friday, April 20, 2018
	Assorted Cereal Bowl (1 comp) (Multiple options under 6 grams sugar) Choice 100% Real Fruit Juice (1 comp) Raisins or 1/2 Cup Fruit (1 comp) Choice Milk (1 comp)	Turkey Bacon & Egg Break Croissant (2 comp) Choice 100% Real Fruit Juice (1 comp) Raisins or 1/2 Cup Fruit (1 comp) Choice Milk (1 comp)	Choice Nature Valley Crisps (1 comp) Trix Low Sugar Yogurt (1 comp) Choice 100% Real Fruit Juice (1 comp) Raisins or 1/2 Cup Fruit (1 comp) Choice Milk (1 comp)	BC Whole Grain Breakfast Bun (2 comp) Choice 100% Real Fruit Juice (1 comp) Raisins or 1/2 Cup Fruit (1 comp) Choice Milk (1 comp)	Tasty Toast (2 comp) Choice 100% Real Fruit Juice (1 comp) Raisins or 1/2 Cup Fruit (1 comp) Choice Milk (1 comp)
	or Chef's Choice Daily	or Chef's Choice Daily	or Chef's Choice Daily	or Chef's Choice Daily	or Chef's Choice Daily
Week 6	Monday, April 23, 2018	Tuesday, April 24, 2018	Wednesday, April 25, 2018	Thursday, April 26, 2018	Friday, April 27, 2018
	Assorted Cereal Bowl (1 comp) (Multiple options under 6 grams sugar) Choice 100% Real Fruit Juice (1 comp) Raisins or 1/2 Cup Fruit (1 comp) Choice Milk (1 comp)	Breakfast Pizza (2 comp) Choice 100% Real Fruit Juice (1 comp) Raisins or 1/2 Cup Fruit (1 comp) Choice Milk (1 comp)	GNB LG Breakfast Brekkie (2 comp) Choice 100% Real Fruit Juice (1 comp) Raisins or 1/2 Cup Fruit (1 comp) Choice Milk (1 comp)	Choice GNB Breakfast Bread (2 comp) Choice 100% Real Fruit Juice (1 comp) Raisins or 1/2 Cup Fruit (1 comp) Choice Milk (1 comp)	Choice Pop Tart Twin Pack (2 comp) Choice 100% Real Fruit Juice (1 comp) Raisins or 1/2 Cup Fruit (1 comp) Choice Milk (1 comp)
	or Chef's Choice Daily	or Chef's Choice Daily	or Chef's Choice Daily	or Chef's Choice Daily	or Chef's Choice Daily
Week 1	Monday, April 30, 2018	Tuesday, May 1, 2018	Wednesday, May 2, 2018	Thursday, May 3, 2018	Friday, May 4, 2018
	Assorted Cereal Bowl (1 comp) (Multiple options under 6 grams sugar) Choice 100% Real Fruit Juice (1 comp) Raisins or 1/2 Cup Fruit (1 comp) Choice Milk (1 comp)				
	or Chef's Choice Daily				